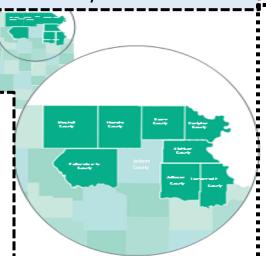
Project Rise

Project Rise a newly launched program offering **free** in-home and community-based courses! Participants can **receive financial assistance** by participating in in-home services. They can also earn incentives like groceries and household items by participating in community-based courses.



Healthy Relationships:

PR is serving the

following counties:

Atchison, Brown,

Doniphan, Jackson,

Jefferson,

Leavenworth,

Marshall, Nemaha,

Pottawatomie

Individuals and families will begin the journey of healing and strengthening their relationships. Communication skills will be enhanced as well as knowledge and implementation of necessary components to maintain healthy relationships. Ability to identify healthy relationships vs. unhealthy relationships will increase in addition to how and when to seek help. Additionally, coparenting is explored, and parents will gain important skills needed to develop and maintain healthy coparenting communication and relationships.

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Courses

<u>PEP- Parent Empowerment</u> <u>Program:</u>

Parents will gain confidence and will learn and develop new parenting skills. Their ability to better respond to and manage challenging behaviors will increase. They will learn how to implement and maintain structure for continued success for the entire family. Positive family-time will increase as well as self-care.

FDIC- Financial Literacy:

Our financial literacy course will help participants gain understanding and take control of their finances. Security in finance and resource management will increase and personal financial goals can be achieved such as: building a savings, opening a checking/savings account, reducing/managing debts, obtaining financial independence, ability to make/manage a large purchase (car, home,

Community and in-home courses:

Project Rise offers both in-home and community-based courses at **no cost**. This gives the ability to overcome transportation, time and financial barriers. Participants can choose which method of service delivery works best for them. In-home services typically last for 3-4 months on a weekly basis. On the other hand, community-based classes typically last around 6 weeks for 1.5 hours per class. Participants can also choose to engage in both services. For example, a participant can complete parenting classes in home; however, they may also want to complete the community-based financial literacy course. This allows them to primarily focus on parenting classes in-home, while also enabling them to receive financial literacy courses concurrently.

Contact us to host a community course at your facility

For program questions:

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For Community Classes:

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Sign up via web or phone: Kvckansas.org/ProjectRise | (913) 621-5753